



Chemical pollutants in the home

Within our homes and our daily lives we are exposed to hundreds of chemicals from multiple sources, such as flame retardants in soft furnishings, phthalates in plastic food packaging, or PFAS in cosmetics. Yet most chemical safety regulations completely ignore the fact that we are being simultaneously exposed to a cocktail of hundreds of substances from a diversity of sources.

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| 1 PFAS chemicals in waterproof clothing | 9 PCBs, dioxins, PAHs found in disposal nappies | 15 Flame retardants in furniture and mattresses |
| 2 Siloxanes, parabens, and many others in shampoo, shaving foam, deodorants | 10 Phthalates, flame retardants and bisphenols in children's toys | 16 Unknown and unwanted chemicals in recycled products |
| 3 Oxybenzone UV filter in sunscreens | 11 Flame retardants in virtually all electronics | 17 Bisphenols in till receipts |
| 4 Phthalates, parabens, many others in makeup | 12 Phthalates, and thousands of secret compounds, in fragrances found in air fresheners, cleaning products, cosmetics, soaps | 18 Phthalates and many other plastics additives in food packaging |
| 5 PFAS in nonstick cookware e.g. frying pans | 13 Pharmaceuticals and other contaminants in drinking water | 19 PFAS in microwave popcorn bags, bakery bags and compostable food packaging |
| 6 Triclosan in antibacterial handwash | 14 Tattoo inks can contain a mixture of thousands of harmful chemicals | 20 Phthalates, flame retardants and volatile organic compounds in vinyl flooring |
| 7 BPA in some plastic water bottles and food can linings | | |
| 8 Pesticide residues in foods | | |